



A comprehensive school and community-based response to Sexual Assault, Dating Violence, Domestic Violence and Stalking.

The Lakewood, Ohio STEP Site

Lakewood, Ohio



- A consortium project
- Grantee= Lakewood City School District
- Community Partners
 - Domestic Violence & Child Advocacy Center
 - Cleveland Rape Crisis Center
 - Lakewood Police Department
 - City of Lakewood's Family Collaborative
- DVCAC and CRCC supply 2 full-time coordinators who manage the project

Lakewood is Unique

- Incredibly Diverse
- Students in LCSD represent 35 countries
- Densely populated, 55,000 people
- Wide range of socioeconomic statuses
- Transiency




**Ranger 360:
An OVW STEP Consortium Project**



Garfield Middle School
598 students in grades 6-8 served
by 2 administrators & 74 staff



Harding Middle School
633 students in grades 6-8 served
by 2 administrators & 69 staff



Lakewood High School
1702 students in grades 9-12, organized
into 3 "houses" and served by 4
administrators & 217 staff

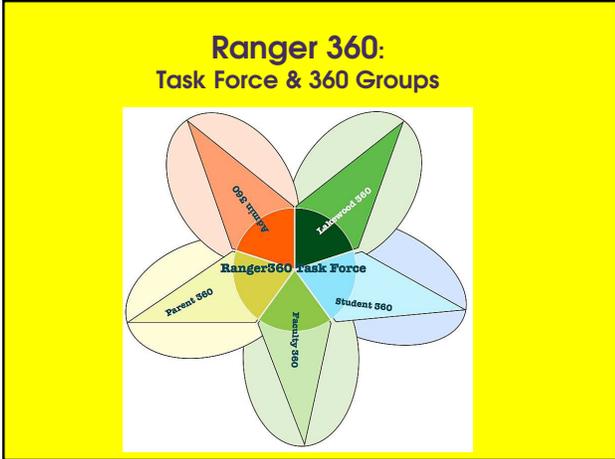


Lakewood City Academy
157 students in grades 6-12 at the on-site
academy & grades K-12 for a digital program on-
site/off-site served by 1 administrator & 20 staff

The Ranger 360 Program will be addressing SADDVS through:

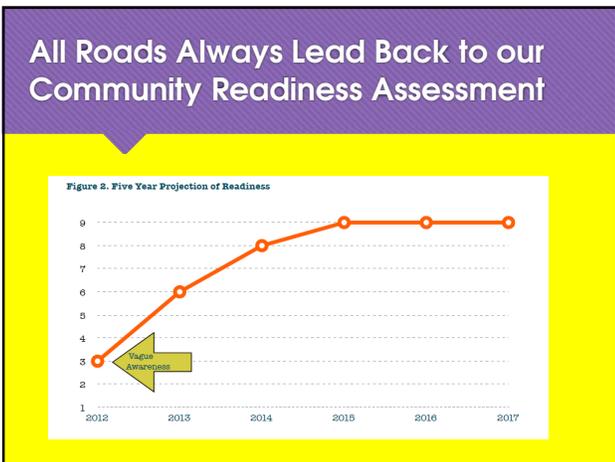
- **Services** for survivors and co-survivors
- **Training** for staff and administrators
- **Education** for students, parents and community members
- **Policy and Protocols** at the district level







The Road to a Multi-Pronged
Training Approach



Policy and Protocol Development

- Produced a **comprehensive policy** addressing SADDVS at the secondary level
- Policy was **reduced to a set of protocols** to respond to incidents and disclosures
- Protocols **piloted** at the HS level 2013-2014 school year
- But **before** we attempt to implement protocols and education district-wide..... **WE MUST TRAIN STAFF!**

How Can We Maximize Limited Resources?

- **50 minutes** of training time with ALL STAFF on an early release day (time allocated for professional development)
- Table Discussion
 - What would you focus on if you had less than an hour with every secondary-level staff person in your district?
 - Discuss with members of your site

Table Discussion



**A Walk Through of Our
First Staff Training**

September 5, 2013
Training conducted by CRCC and DVCAC



**Responding to a
disclosure**

A Rare and Important Opportunity



**SADDVS is prevalent
and pervasive.**

Sexual Violence, Dating Violence, Domestic Violence
and Stalking (SADDVS) are affecting youth
everywhere, everyday, including youth in Lakewood,
and more specifically, Lakewood City Schools.

Prevalence



About **72%** of eighth and ninth graders are "dating".

1 in 4 girls and **1 in 6 boys** is sexually abused before the age of 18.

One in three adolescents in the U.S. is a victim of **physical, sexual, emotional or verbal abuse** from a dating partner, a figure that far exceeds rates of other types of youth violence.

Over 30 percent of victims **never disclose** the experience to ANYONE.

About 1 in 5 female victims and 1 in 14 male victims **experienced stalking between the ages of 11 and 17.**

Why a school based response?

Because violence **impacts the school environment...**which in turn impacts the **community at large, not just one person and their family ...**

Sharing a common language...



is essential to our ability to recognize violence, respond to violence, and to prevent violence.

Impact on School Climate and Academic Achievement



- Teens have reported that many personal experiences with dating violence occurred either in a school building or on school grounds
- **Teen victims of violence report:**
 - Higher rates of truancy
 - More negative contact with their teachers
 - Lack of interest in former extracurricular activities
 - Increased conflict with other students
 - Changes in grades and quality of schoolwork
- **Teen victims of violence are substantially more likely than their classmates to...**
 - Bring guns or other weapons to school
 - Be involved in physical fights

Trauma 101



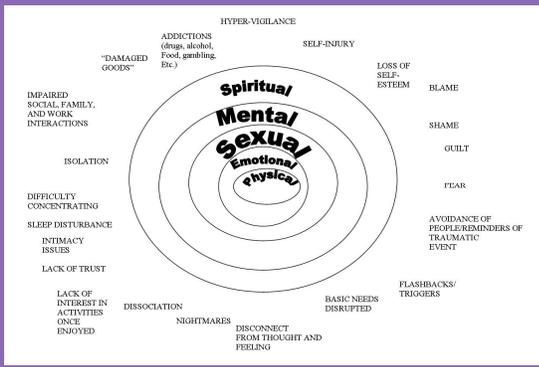
Trauma defined:

Individual trauma results from an event, series of events, or set of circumstances that is experienced by an individual as physically or emotionally harmful or threatening and that has lasting adverse effects on the individual's functioning and physical, social, emotional, or spiritual well-being.

In short, trauma is the sum of the event, the experience, and the effect.

The Impact of Trauma

By: C. Burick & K. Mouncey, Cleveland Rape Crisis Center, 2006



What Can I Do?



- Educate Yourself
- Get Involved
 - Join a 360 group
- Be an Upstander!
 - Stand Up
 - Speak Out
 - Raise Awareness
- Believe Social Change is Possible
 - YOU have the power to end violence.

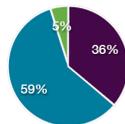


Lessons Learned...



- Our training was **effective**
- Emotional connections to SADDVS are **important**.
- **Most staff** left feeling confident and comfortable in utilizing BLAB IT.
- Most staff are **willing** to attend additional optional trainings regarding SADDVS.
- In depth training **needed** for staff who are first responders.
- More trainings needed to **address responding** to SADDVS in a school setting.

HOW COMFORTABLE DO YOU FEEL CARRYING OUT THE "BLAB IT" RESPONSE METHOD?



56% Said "Very Comfortable"
 59% said "Comfortable"
 5% said "Uncomfortable"

We did it!!!

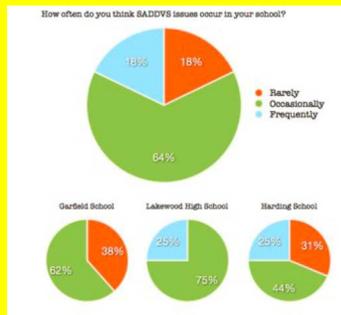


Responding to SADDVS

A glimpse at the 2013-2014 School Year

Let's revisit our CRA...

On average, **8 out of 10** student leaders think that SADDVS occurs at least **occasionally** in their middle and high schools.



Over the course of 2013-2014 school year, Ranger 360 responded to **15 student disclosures of SADDVS.**

- o The majority of these disclosures occurred at the **high school** between **February 1st** and **June 1st** of 2014.

Through these cases of SADDVS, administrators, staff, and guidance counselors were able to have direct experience in responding to student disclosures.



Comprehensive Training

Two separate, all day training dates for administrators and support staff at the middle schools, high school, and alternative school.

Overview of Administrator Training

- o LCSD Administration **emphasizing and reinforcing** the District's plan for enforcing protocols.
- o Review of **important** trauma informed response information.
- o **Detailed** review of protocols and forms addressing SADDVS.
- o **Practical applications** of interventions based on case studies similar to the incidents that occurred throughout the past school year.



2014-2015 school year

What will future training look like?

We have options...

- o Another early release day training (50 minutes) would be provided again next fall (2014-2015 school year).
- o Departmental meetings at each, individual building level.
- o Professional Development over the summer (2015) utilizing "Green Book" Courses
- o Online training tools

Training Content for General Staff

Condensed overview of the SADDVS response

"I think that although people know it happens, and I know that our efforts are to keep kids safe, I think individually another obstacle could be helping teachers and staff at least get to a level where they can talk about this and feel comfortable doing this. It is hard for a lot of people, they might have the best intentions and a good heart but don't know how to address this and wouldn't know what to say."

And if we know one thing it is...

"LCSD is a group of **hard working** individuals. **Concerned** about the future and personal and academic **success** of the kids."





Conclusion

We aren't done yet!

What we know to be true...

- o Training that leads to a **consistent and appropriate response** to SADDVS is an important step in creating a school climate that does not condone or silently support SADDVS through inaction.
- o **Confidence** in one's ability to respond will make a person more likely to intervene on whatever level they feel most comfortable.
- o Involving staff in a **team approach**, **modeling behaviors**, and **reviewing case studies** are essential tools to increase comfort levels and to help discriminate against the many gray areas of responding to SADDVS.

Thank you!!!

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