“Be the change you wish to see in the world.”

– Mahatma Gandhi

#OurRevolution

Love What’s Real
Join #OurRevolution!
You can follow your heart. You can follow the leader. You can be the leader. Our hearts, our followers, our leaders. These are our voices; there are many of us. Be the change, create relationships and better world with compassion and love. It is possible.
“You can really change the world if you care enough.”
— Marian Wright Edelman

#OurRevolution
Love What’s Real
A Better World is Possible!

What would a world without violence — compassionate communities with respect, equity and justice for everyone — look like?

If you could change one thing to make you, your friends and family, or others feel safer, happier and more connected, what would it be?
“The true revolutionary is guided by strong feelings of love.”

— Che Guevara

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Love What’s Real
#OurRevolution Leads by example

Our generation loves what's real — relationships where we share common interests, listen and talk honestly when there is a problem, and support each other through the tough stuff. Our generation can lead by example by showing that this is possible.
“IT ALWAYS SEEMS IMPOSSIBLE UNTIL IT’S DONE.”

— NELSON MANDELA

#OurReVoluTIOn

Love What’s Real
#OurRevolution Will be different
Our generation will be different. Our relationships will not be defined by unhealthy or abusive behaviors such as constant drama, mistrust, pressure, control, sexual and/or physical abuse.

Join #OurRevolution to make this happen!
“Peace is the only battle worth waging.”

– Albert Camus

#OurRevolution

Love What’s Real
Rise up against abuse! Here's how:

Speak out against unhealthy or abusive behaviors.

Stand up against inequality and discrimination.

Reach out to anyone who may be experiencing abuse. Let them know they are not alone.

Get help if you or a friend are experiencing abuse or in an unhealthy relationship. Talk to an adult you trust.
“We are the leaders we have been waiting for.”

— Grace Lee Boggs

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Love What’s Real
START A CONVERSATION

Social change often begins with conversations about what you want to see in your own life, community and the world. Talk to friends or family about relationships and compassionate communities. Talk about what would need to happen to make that vision a reality.
“The most common way people give up their power is by thinking they don’t have any.”

— Alice Walker

#OurRevolution
Love What’s Real
Rise Up in the Next 24 Hrs! Here's How

- Follow us on Instagram or Twitter @lovewhatsreal
- Submit a photo or video for the Individual or school #OurRevolution Challenge.
- Order free #OurRevolution stuff for your school or community.
- Talk to your school administration about strategies and policies to prevent abuse and sexual assault.
- Reach out to a domestic or sexual violence program or ally organization to come to your school or youth organization to help start a conversation.
- Reach out to anyone who may be experiencing abuse. Let them know they are not alone.
- Get help if you or a friend are experiencing abuse or in an unhealthy relationship.

WWW.LOVEWHATSREAL.COM
“Never believe that a few caring people can’t change the world. For, indeed, that’s all who ever have.”

— Margaret Mead

#OurRevolution

Love What’s Real
#OurRevolution Twitter Conversation!
On Thursday, February 27th, 2014, 7pm – 9pm, teens from Love What’s Real will be hosting a discussion!

Follow #OurRevolution on Twitter and be a part of this social change movement by contributing your ideas about how we can create change within our communities.

“I raise up my voice - not so I can shout but so that those without a voice can be heard.”

– Malala Yousafzai
#OurRevolution Individual Challenge

National Teen Dating Violence Awareness & Prevention Month

Submit a photo or video capturing your vision for a compassionate community or a single revolutionary act (e.g., drawing, painting, dance, spoken word, or music video) on Instagram by March 1, 2014.

Awards: 1st place $500, 2nd place $250, and 3rd place $100. Top 50 submissions will receive a limited edition t-shirt!

Go to www.lovewhatsreal.com for more information on the challenge!
“How wonderful it is that nobody need wait a single moment before starting to improve the world.”

—Anne Frank

#OurRevolution
Love What’s Real
#OurRevolution School Challenge

National Teen Dating Violence Awareness & Prevention Month

Submit a photo or video capturing your school’s vision for a compassionate community or a single revolutionary act (e.g., rally, chalk-up, skit, dance, or music video) on Instagram before March 1, 2014.

Awards: 1st place $500, 2nd place $250, and 3rd place $100. Top 10 schools will receive t-shirts for 10 student leaders!

Go to www.lovenwhatsreal.com for more information